Dr. O.K. Medical and Dental Centre

Complete family health services on The Queensway











Two and a half years ago, Dr. Oleg Klipitch and his wife Dr. Olena Klipitch opened the doors to one of Etobicoke's most unique and accessible medical centres.

Profiled by *The Etobicoke Guardian* for being a shining example of service to a multicultural community from its outset, the Dr. O.K. Medical and Dental Centre has continued to grow and expand.

Operating out of their state-ofthe-art facility on 1278 The Queensway, the centre is embraced by the surrounding community for its multi-disciplinary approach to family medicine and a broad variety of services that are accessible and comfortable for the diverse area.

Dr. Klipitch and his team strive to offer the community a full range of health services under the convenience of one roof. With changes to OHIP coverage, many clinics and medical centres have been forced to scale back the range of services they offer. Dr. O.K. Medical and Dental Centre has done just the opposite working to continually expand the range of services offered in order to best accommodate the busy lifestyles of Etobicoke residents.

Just as Etobicoke finds success through working and growing as a community, the Dr. O.K. Medical and Dental Centre staff believes in teamwork as a core value of the practice.

The centre's four family physicians go beyond what a single doctor can offer because they are registered as a Family Health Organization. Even if a patient's individual family doctor is not in the clinic when needed, the other doctors on staff are available to assist. The clinic also has an internal medicine specialist on staff, Dr. Barchan, who is available for consultations and even limited same-day referrals.

The newest member of the Dr. O.K. centre is Dr. Caroline Oczachowski. With many family doctors retiring and most medical students going into highly specialized fields of medicine, Dr. Oczachowski is a valuable asset to the community because she is currently accepting new patients, as is Dr. Arta Bedaj, another family physician who has been at the centre for two years.

Though early in her practice, Dr. Oczachowski is very experienced. Growing up in Windsor, Ontario, she went to university in Poland before

completing a residency in Atlanta, GA. Desiring a practice closer to home, Dr. Oczachowski was happy to join the team and is learning from her new co-workers, especially in the field of cosmetic procedures, another facet of Dr. O.K.'s multi-disciplinary centre.

Dr. Klipitch, Dr Bedaj, and the staff have received extensive training in cosmetic procedures, and soon will continue to expand the already large range of services offered to add Botox cosmetics, fillers, latisse, vein and vascular, lesions removal, compression therapy, photo rejuvenation, microdermabrasion, laser/IPL hair reduction, chemical peels, skin care products, fat cell destruction, and supplements.

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Perhaps the most interesting new cosmetic technology is a new technique called Selphyl. Using a platelet rich plasma derived from running components already present in the patient's own body through a centrifuge, Selphyl is a more natural option in cosmetics. Dr. Oleg has had great success with Selphyl – and not only with his patients.

"I'm brave enough to say that I have even tried it on myself," says Dr. Oleg. "It is not a miracle creation but it greatly helps the body rejuvenate in specific areas and it works."

The medical services are only one of four distinct entities that operate out of the Dr. O.K Medical and Dental Centre. Just across the lobby is the dental centre, run by Oleg's wife, Dr. Olena Klipitch. She and her staff provide services for all members of the family, including general dentistry, orthodontics, implants, cosmetics

and dental surgery on the weekends. She credits her success to the high standards of cleanliness and high-tech equipment that are above and beyond what is necessary.

"The office is really unique because all of the appliances and tools are top of the line. Even the air is cleaned to surgical standards," says Olena.

The third component of the centre is a physiotherapy clinic operated by Andriy Kashuba and his experienced staff, who specialize in chiropractic, acupuncture, kinesiology and massage to prevent health problems and help deal with chronic injuries and pain.

Kashuba believes in keeping up on new technology and recently invested in bringing Shockwave Therapy to his offices. Through this non-invasive treatment, intense short energy waves are applied to injured tissue or joints to increase blood flow, speed healing and help reduce pain.

The genuine human appeal of the Dr. O.K. Medical and Dental clinic is well represented in the customer service provided by the pharmacy, administered by Maher Shaker, who runs his business with a genuine focus on being able to serve his community, regardless of age or language. He also offers a seniors' discount on over the counter and prescription services.

Dr. Nadia Belsky has been practicing medicine for 35 years and actually came out of retirement to work at the Dr. O.K. Medical and Dental Centre. In her opinion, the need for more family-focused medical facilities is at an all-time high in Etobicoke.

"In the west end I know personally 11 doctors that retired in the last year. Each had almost 2,500 patients, so that is almost 30,000 people that lost a family doctor," says Belsky.

With the need for accessible health services increasing in the Etobicoke area, the Dr. O.K. Medical and Dental Centre continues to make it a priority to offer local residents full access to quality health care services within their community.

For more information about their services, visit online at www.drok.ca, or in person at 1278 The Queensway. For medical inquiries, call (416) 848-9795; for dental inquiries, call (416) 848-9790; and for Physiotherapy, call (416) 628-3738.